



Balanced Beings Outdoor Recreation
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Team Building: Community Farm Day Information

Overview:

Team Building: Community Farm Day offers a fully adaptable ranch-based experience for groups seeking meaningful connection outside of their everyday environment. Designed to foster rapport, spark creativity, and restore a sense of ease, this program welcomes a wide range of participants — from corporate and healthcare teams to community organizations, schools, and private celebrations. Programming is tailored to your group's size, goals, and interests.

Events at the ranch for:

- Corporate
- Local small business
- Local government (receives 15% off grand total)
 - Police Departments
 - Fire Departments
 - EMT/First Responder
 - Public Safety
- Medical Field (receives 15% off grand total)
 - Doctors
 - Nurses
 - Nurse Practitioners
 - Mental Health Professions
- Community organizations
- Nonprofits
- Birthdays
- Wholesome bachelor/bachelorette parties
- School field trips
- Teams
- Scouts (Soon!)

**Maximum weight of participant 210lbs. for mounting WCR horses*

Riding is not guaranteed every session

Purpose Summary:

Sometimes the best thing a group can do is step away from the everyday and into something entirely different. Team Building: Community Farm Day offers a fully adaptable, ranch-based experience designed to foster genuine connection, spark creativity, and restore a sense of ease — all within the grounded, welcoming environment of Balanced Beings Outdoor Recreation's urban ranch.

Drawing from the same evidence-based, therapeutically informed activities offered across our Farm Helpers programs, Community Farm Day is thoughtfully tailored to your group's size, goals, and setting. Whether your team needs to laugh together, problem-solve together, or simply breathe together, programming is designed to meet you exactly where you are. Activities may vary based on location and setting, ensuring every experience remains safe, intentional, and genuinely enjoyable.

Community Farm Day proudly welcomes a wide range of groups — from corporate teams, small businesses, schools, and community organizations to nonprofits, scouts, and private celebrations like birthdays and wholesome bachelor and bachelorette parties. As a thank-you to those who serve our communities every day, local government agencies, public safety departments, and medical and mental health professionals receive 15% off their total booking.

No matter who you are or why you're gathering, Community Farm Day is designed to leave your group feeling more connected, more energized, and maybe even a little bit inspired.

Ages:

7 years of age - adult

All participants must be restroom independent and willing to cooperate in their own self care, without assistance.

When:

Inquires must be made 4 weeks in advance

By appointment only

9:00am - 12:00pm

Price:

\$50 per person

Prices start \$500 to \$2,500 from selected allotted time (\$50/person), paid in full before session

Minimum Attendance:

10 participants

Maximum Attendance:

50 participants

Things to know:

If you have more than one person attending, please register them each individually. Thank you for your time!

Documentation preferences may affect assessment requirements. Insurance billing is in transition of being offered. Program structure, documentation requirements, and pricing may change in the future if insurance options become available. All required registration, assessment documentation, waivers, and in-person in-take interview must be completed and received no less than **five days** prior to booking and participation, as well as paid in full prior to participation. This information is required to allow sufficient time for review and to develop appropriate protocols, safety considerations, and individualized session planning.

Contact:

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