



Balanced Beings Outdoor Recreation
2148 East Desert Lane, Phoenix, AZ, 85042
KelseyBauman@BBORecreation.com
(623) - 210 - 2803

Volunteer Team Day Information

Overview:

At Balanced Beings Outdoor Recreation, we are a business located on a nonprofit 501.3c called, Wildcat Ranch - Phoenix. The property, animals, and equipment are shared with Balanced Beings Outdoor Recreation so if we can give back in any way - we're sure going to try! Wildcat Ranch - Phoenix works predominately with first responders, veterans, and active military so the property and facility improvements assist future program comfort and success.

Your business, local fire department, police department, church, and more may volunteer as a team on our growing and flourishing ranch, engaging in fulfilling service projects that are preplanned and ready for your team to complete upon arrival. There are tasks to upgrade and maintain the ranch that require welding, construction, painting, plumbing, electrical and other trades we can graciously use in order to provide a continuously evolving environment for our participants and community.

This would entail the business / organization volunteering providing the materials and labor for a necessary project on the ranch. Thank you for your interest in making a positive impact and investing in your local community, while getting a little dusty.

Improvements for the ranch include:

- Raised garden beds
- Koi fish pond
- Building the east wall for privacy and animal control and protection
- Greenhouse
- Bird houses
- Compost Management
- Improve/Rebuild the tack-room
- Covered area over the round pen

Purpose Summary:

Research consistently demonstrates that volunteering improves quality of life — reducing loneliness, strengthening social bonds, building confidence, and fostering a genuine sense of

belonging and community. At Balanced Beings Outdoor Recreation, Volunteer Team Days are designed to harness that power intentionally.

Bringing together individuals from all walks of life, Volunteer Team Days offer structured, meaningful opportunities to contribute directly to the ranch — supporting the care of animals, upkeep of equipment, and improvement of the property and grounds that make every program possible. In doing so, volunteers gain firsthand insight into the importance of therapeutic recreation and the evidence-based modalities that define it, including animal-assisted interventions, nature therapy, expressive arts, adventure-based activities, and stress management techniques.

Every contribution made through Volunteer Team Days — whether in time, skill, or resources — directly enhances the quality of programming that participants experience in the future. This is not simply a workday. It is an opportunity to learn something new, connect with like-minded people, and invest in something that genuinely matters. Because organizations that serve their communities rely on communities that choose to show up — and the rewards of doing so are well documented and deeply felt.

Ages:

18+

Time:

9:00am - 12:00pm

Location:

2148 East Desert Lane, Phoenix, AZ, 85042

When:

Contact BBOR to pick a date

Price:

Any cash donations on behalf of the business volunteering, aside from products and materials for assigned projects, the remaining cash or additional cash donation will be split 50/50 with BBOR and Wildcat Ranch - Phoenix 501.3c.

Minimum:

10 participants

Maximum:

50 participants

Things to know:

If you have more than one person attending, please register them each individually. Thank you for your time!

Documentation preferences may affect assessment requirements. Insurance billing is in transition of being offered. Program structure, documentation requirements, and pricing may change in the future if insurance options become available. All required registration, assessment documentation, waivers, and hybrid in-take interview must be completed and received no less than **five days** prior to booking and participation, as well as paid in full prior to participation. This information is required to allow sufficient time for review and to develop appropriate protocols, safety considerations, and individualized session planning.

Contact:

Kelsey Bauman

Email: KelseyBauman@BBORrecreation.com

Business Cell: (623) - 210 - 2803